L.P.N.S.MENU

MEALS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Meilie Meel with	Oats with sugar	Meilie Meel with	Oats with sugar	Meilie Meel with
	sugar	105000-	sugar		sugar
the second second	Bread with butter	Bread with butter	Bread with butter	Bread with butter	Bread with butter
MORNING	& jam or peanut	& jam or peanut	& jam or peanut	& jam or peanut	& jam or peanut
SNACK	butter. Rooibos tea	butter. Rooibos tea	butter. Rooibos tea	butter. Rooibos tea	butter. Rooibos tea
- Act	with sugar	with sugar	with sugar	with sugar	with sugar
	Chicken stew with	Spaghetti with	Fishfingers with	Mince & rice with	Sausage Rolls with
Call	Rice & vegetables	diced chicken	Mash/rice & gravy.	vegetables. Jelly	Mash/rice & gravy.
LUNCH		viennas & tomatoe	Carrots or pumpkin	or Custard	Baked Beans/peas
		& onion sauce.	The states of the second se	111 -201	ton the all
138		Jelly or Custard			Le contraction de la contracti
AFTERNOON	Parents to supply	Parents to supply	Parents to supply	Parents to supply	Parents to supply
SNACK	- Section		A CONTRACTOR	and and a second	State at
Please note that this menu is subject to change			Tuck is available from R1 & up which include chocolates,		
without notice (eg, Friday hot dogs)			suckers, sweeties & chips		